

Cancellation Policy

The course is provided free of charge. CEU exam fee of \$29.00 is non-refundable once initiated.

Accessibility

Special needs accommodation requests can be made by contacting our office.

All materials include closed captioning and are screen-reader compatible.

Disclosures

Financial: Cheryl Bregman is the owner of Appy Therapy, LLC dba Handwriting Heroes and receives proceeds from all product sales.

Nonfinancial: No relevant nonfinancial relationship exists.

Testimonials

"This program is a game-changer for OTs working in school-based settings! I love the emphasis on functional implementation and practical strategies that I can immediately use with my students." Jennifer Morris, OTR/L, School-Based Occupational Therapist

"Finally, a comprehensive handwriting resource that speaks directly to OT practitioners! This program filled crucial gaps in my intervention knowledge, and the evidence-based strategies have significantly improved my treatment outcomes." Sarah Thompson, PhD, OTR/L, Pediatric Clinical Specialist

TEACH HANDWRITING

**LIKE IT'S YOUR
SUPERPOWER**

Contact Us

Appy Therapy, LLC
Address : 11005 Rosemont Drive,
Rockville, MD 20852
Phone : 301-770-0605
Web : www.handwritingheroes.org
Email: cheryl@handwritingheroes.org



**HANDWRITING
HEROES!**

THE ART AND SCIENCE OF TEACHING HANDWRITING

This online, self-paced course provides insights into innovative strategies, practical tips, and the latest research in handwriting education.



Details

Course Creator

Cheryl Bregman, MS, OTR/L

Target Audience

Beginner to Advanced-level
OTs and COTAs,

Date + Time

Anywhere, Anytime
At your convenience

Free Online Training

Need CEUs?
Pass the quiz with 80% to
receive your certificate for \$29.00.

AOTA American
Occupational Therapy
Association

Approved Provider

Handwriting Heroes is an AOTA Approved Provider of professional development. PD activity approval ID# 12261. This distance learning-independent activity is offered at 0.2 CEUs, Introductory OT Service Delivery, and Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Learning Outcomes

Participants will:

- Understand the developmental stages of handwriting development.
- Learn a systematic and accessible approach to teaching letter formation.
- Be able to apply ergonomic principles for optimal seating, paper positioning, and pencil grip.
- Gain skills in using assessment tools to monitor and support student progress.
- Be prepared to deliver engaging and inclusive lessons for diverse learners.

Content Modules

- Foundations of Handwriting
- Implementation
- Curricular Framework
- Course Structure
- Assessment and Progress Monitoring

Instructional Methods

- Self-guided modules
- Interactive activities
- Case studies
- Video demonstrations

www.handwritingheroes.org/course